## 6.23 ANAPHYLAXIS

SEEDS Employee’s are required to fill out a form in the employee package stating whether they are allergic to any Wild Things. There is a copy this list in each Work Folder that is taken out on site with each crew.

### 6.23.1 Training

All SEEDS employees will be provided with information and informal training from the Site Supervisor.

### 6.23.2 Worksite Methodology

**FIRST AID TREATMENT FOR ANAPHYLAXIS**

* Anaphylaxis is a severe allergic reaction and potentially life threatening. It should always be treated as
* a medical emergency, requiring immediate treatment. Most cases of anaphylaxis occur after a person
* with a severe allergy is exposed to the allergen they are allergic to (usually a food, insect or medication).
* **STEP 1**
* **In some cases, anaphylaxis is preceded by signs of a mild to moderate allergic reaction:**
* • Swelling of face, lips and eyes
* • Hives or welts on the skin
* • Tingling mouth
* • Stomach pain, vomiting (these are signs of a mild to moderate allergic reaction to most allergens, however, in insect allergy these are signs of anaphylaxis).

**ACTION**

• For insect allergy, flick out the sting if it can be seen (but do not remove ticks)

• Stay with person and call for help

• Give medications if prescribed (whilst antihistamines may be used to treat mild to moderate allergic reactions, if these progress to anaphylaxis then adrenaline is the only suitable medication)

• Locate **adrenaline autoinjector** if available (instructions are included in the Action Plan for Anaphylaxis which should be stored with the adrenaline autoinjector)

• Contact parent/guardian or other emergency contact.

**STEP 2 Continue to watch for any one of the following signs of anaphylaxis (severe allergic reaction):**

• Difficult/noisy breathing

• Swelling of tongue

• Swelling/tightness in throat

• Difficulty talking and/or hoarse voice

• Wheeze or persistent cough

• Loss of consciousness and/or collapse

• Pale and floppy (in young children)

**ACTION**

As SEEDS carries no Insulation or Epipen's then immediately **Call an Ambulance on 000**

• Lay person flat and elevate legs – if breathing is difficult, allow to sit but do not stand